



*** Pool allocations are subject to change**



MON/ 28 SEP		4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30							
LANE 1		POOL CLOSED																	POOL CLOSED							
LANE 2																										
LANE 3																										
LANE 4																										
LANE 5																										
LANE 6																										
LANE 7																										
LANE 8																										
				MEMBERS																						
				DEEP WATER EXERCISE				DEEP WATER EXERCISE							TREX											
										WAIMAKARIRI					RACKLEY											
TUES/29 SEPT																										
LANE 1		POOL CLOSED																	LORDS - ICE BATH 1PM- 2PM							
LANE 2																										
LANE 3																										
LANE 4																										
LANE 5																										
LANE 6																										
LANE 7																										
LANE 8																										
				TREX														RACKLEY			LACROSSE AUS					
			MEMBERS																							
				DEEP WATER EXERCISE															DEEP WATER EXERCISE							
								WAIMAKARIRI														MVP BB			DEEP WATER EXERCISE	
WED/30 SEPT		4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30							
LANE 1		POOL CLOSED	TREX																POOL CLOSED							
LANE 2																										
LANE 3																										
LANE 4																										
LANE 5																										
LANE 6																										
LANE 7																										
LANE 8																										
					MEMBERS																					
				DEEP WATER EXERCISE				DEEP WATER EXERCISE							A.B PATERSON COLLEGE											
																		RACKLEY			LACROSSE AUS					
THUR/1 OCT																										
LANE 1		POOL CLOSED																	POOL CLOSED							
LANE 2																										
LANE 3																										
LANE 4																										
LANE 5																										
LANE 6																										
LANE 7																										
LANE 8																										
				DEEP WATER EXERCISE				WAIMAKARIRI							RACKLEY		OCEAN SENSE									
			MEMBERS																							
				DEEP WATER EXERCISE												DEEP WATER EXERCISE										
FRI/2 OCT		4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30							
LANE 1		POOL CLOSED	TREX																POOL CLOSED							
LANE 2																										
LANE 3																										
LANE 4																										
LANE 5																										
LANE 6																										
LANE 7																										
LANE 8																										
					MEMBERS																					
				DEEP WATER EXERCISE				DEEP WATER EXERCISE								TREX										
												INSPIRE			RACKLEY											
SAT/3 OCT																										
LANE 1		POOL CLOSED																	POOL CLOSED							
LANE 2																										
LANE 3																										
LANE 4																										
LANE 5																										
LANE 6																										
LANE 7																										
LANE 8																										
			DEEP WATER EXERCISE																							
SUN/4 OCT		4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30							
LANE 1		POOL CLOSED																	POOL CLOSED							
LANE 2																										
LANE 3																										
LANE 4																										
LANE 5																										
LANE 6																										
LANE 7																										
LANE 8																										
			MEMBERS																							
			RACKLEY																							