



*** Pool allocations are subject to change**

6 - 12 OCT

MON/6 OCT		4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30
LANE 1	POOL CLOSED																		
LANE 2		THE SEOUL TEAM TRI																	
LANE 3		MEMBERS																	
LANE 4																			
LANE 5		DEEP WATER EXERCISE																	
LANE 6																			
LANE 7																			
LANE 8																			
TUES/7 OCT																			
LANE 1	POOL CLOSED																		
LANE 2		TREX																	
LANE 3		THE SEOUL TEAM TRI																	
LANE 4		MEMBERS																	
LANE 5																			
LANE 6		DEEP WATER EXERCISE																	
LANE 7																			
LANE 8		DEEP WATER EXERCISE																	
WED/8 OCT																			
LANE 1	POOL CLOSED	4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30
LANE 2		TREX																	
LANE 3		MEMBERS																	
LANE 4																			
LANE 5		DEEP WATER EXERCISE																	
LANE 6		DEEP WATER EXERCISE																	
LANE 7		SOUTHPORT SHS																	
LANE 8		RACKLEY																	
THUR/9 OCT																			
LANE 1	POOL CLOSED																		
LANE 2		THE SEOUL TEAM TRI																	
LANE 3		MEMBERS																	
LANE 4																			
LANE 5		DEEP WATER EXERCISE																	
LANE 6																			
LANE 7		KIRWAN SHS																	
LANE 8		DEEP WATER EXERCISE																	
FRI/10 OCT																			
LANE 1	POOL CLOSED	4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30
LANE 2		TREX																	
LANE 3		THE SEOUL TEAM TRI																	
LANE 4		MEMBERS																	
LANE 5																			
LANE 6		DEEP WATER EXERCISE																	
LANE 7		DEEP WATER EXERCISE																	
LANE 8		RACKLEY																	
SAT/11 OCT																			
LANE 1	POOL CLOSED																		
LANE 2		MEMBERS																	
LANE 3																			
LANE 4		DEEP WATER EXERCISE																	
LANE 5																			
LANE 6																			
LANE 7		KIRWAN																	
LANE 8																			
SUN/12 OCT																			
LANE 1	POOL CLOSED	4:30	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	8:30
LANE 2		RACKLEY																	
LANE 3																			
LANE 4		MEMBERS																	
LANE 5																			
LANE 6																			
LANE 7																			
LANE 8																			