GOLD COAST PERFORMANCE CENTRE

50M POOL ALLOCATIONS

*** Pool allocations are subject to change**

11 - 17 NOV

MON/11 NOV

4:30 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 8:30

- LANE 1: POOL CLOSED | SHARKS AQUATICS | SHARKS AQUATICS | POOL CLOSED
- LANE 2: POOL CLOSED | SHARKS AQUATICS | SHARKS AQUATICS | POOL CLOSED
- LANE 3: POOL CLOSED | MEMBERS | SHARKS AQUATICS | POOL CLOSED
- LANE 4: POOL CLOSED | MEMBERS | SHARKS AQUATICS | POOL CLOSED
- LANE 5: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 6: POOL CLOSED | DEEP WATER EXERCISE | AUS TRI | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 7: POOL CLOSED | AUS TRI | TREX | POOL CLOSED
- LANE 8: POOL CLOSED | RACKLEY | TREX | POOL CLOSED

TUES/12 NOV

- LANE 1: POOL CLOSED | SHARKS AQUATICS | TREX | SHARKS AQUATICS | OCEAN SENSE | POOL CLOSED
- LANE 2: POOL CLOSED | SHARKS AQUATICS | TREX | SHARKS AQUATICS | OCEAN SENSE | POOL CLOSED
- LANE 3: POOL CLOSED | MEMBERS | AUS TRI | POOL CLOSED
- LANE 4: POOL CLOSED | MEMBERS | AUS TRI | MEMBERS | POOL CLOSED
- LANE 5: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 6: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | DEEP WATER EXERCISE | POOL CLOSED
- LANE 7: POOL CLOSED | DEEP WATER EXERCISE | HPSA | MITSUBISHI YOWA SWIM | MITSUBISHI YOWA SWIM | DEEP WATER EXERCISE | POOL CLOSED
- LANE 8: POOL CLOSED | DEEP WATER EXERCISE | HPSA | MITSUBISHI YOWA SWIM | MITSUBISHI YOWA SWIM | DEEP WATER EXERCISE | POOL CLOSED

WED/13 NOV

4:30 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 8:30

- LANE 1: POOL CLOSED | SHARKS | MITSUBISHI YOWA SWIM | AUS TRI | SHARKS AQUATICS | POOL CLOSED
- LANE 2: POOL CLOSED | SHARKS | MITSUBISHI YOWA SWIM | AUS TRI | SHARKS AQUATICS | POOL CLOSED
- LANE 3: POOL CLOSED | TREX | MEMBERS | POOL CLOSED
- LANE 4: POOL CLOSED | MEMBERS | MEMBERS | POOL CLOSED
- LANE 5: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 6: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 7: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | DEEP WATER EXERCISE | TREX | POOL CLOSED
- LANE 8: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | DEEP WATER EXERCISE | RACKLEY | TREX | POOL CLOSED

THUR/14 NOV

- LANE 1: POOL CLOSED | SHARKS AQUATICS | AUS TRI | SHARKS AQUATICS | OCEAN SENSE | POOL CLOSED
- LANE 2: POOL CLOSED | SHARKS AQUATICS | AUS TRI | SHARKS AQUATICS | OCEAN SENSE | POOL CLOSED
- LANE 3: POOL CLOSED | SHARKS AQUATICS | AUS TRI | SHARKS AQUATICS | POOL CLOSED
- LANE 4: POOL CLOSED | MEMBERS | MEMBERS | POOL CLOSED
- LANE 5: POOL CLOSED | MEMBERS | MEMBERS | POOL CLOSED
- LANE 6: POOL CLOSED | DEEP WATER EXERCISE | DEEP WATER EXERCISE | POOL CLOSED
- LANE 7: POOL CLOSED | DEEP WATER EXERCISE | MITSUBISHI YOWA SWIM | DEEP WATER EXERCISE | POOL CLOSED
- LANE 8: POOL CLOSED | MITSUBISHI YOWA SWIM | MITSUBISHI YOWA SWIM | POOL CLOSED

FRI/15 NOV

4:30 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 8:30

- LANE 1: POOL CLOSED | TREX | AUS TRI | SHARKS AQUATICS | POOL CLOSED
- LANE 2: POOL CLOSED | TREX | AUS TRI | SHARKS AQUATICS | POOL CLOSED
- LANE 3: POOL CLOSED | MEMBERS | AUS TRI | SHARKS AQUATICS | POOL CLOSED
- LANE 4: POOL CLOSED | MEMBERS | MEMBERS | POOL CLOSED
- LANE 5: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 6: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 7: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | ELLAV8 | POOL CLOSED
- LANE 8: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | RACKLEY | POOL CLOSED

SAT/16 NOV

- LANE 1: POOL CLOSED | AB PATERSON | AUS TRI | POOL CLOSED
- LANE 2: POOL CLOSED | AB PATERSON | AUS TRI | POOL CLOSED
- LANE 3: POOL CLOSED | MEMBERS | POOL CLOSED
- LANE 4: POOL CLOSED | MEMBERS | MEMBERS | POOL CLOSED
- LANE 5: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 6: POOL CLOSED | DEEP WATER EXERCISE | MEMBERS | POOL CLOSED
- LANE 7: POOL CLOSED | DEEP WATER EXERCISE | MITSUBISHI YOWA SWIM | POOL CLOSED
- LANE 8: POOL CLOSED | MITSUBISHI YOWA SWIM | POOL CLOSED

SUN/17 NOV

4:30 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 8:30

- LANE 1: POOL CLOSED | RACKLEY | POOL CLOSED
- LANE 2: POOL CLOSED | RACKLEY | POOL CLOSED
- LANE 3: POOL CLOSED | POOL CLOSED
- LANE 4: POOL CLOSED | MEMBERS | POOL CLOSED
- LANE 5: POOL CLOSED | MEMBERS | POOL CLOSED
- LANE 6: POOL CLOSED | POOL CLOSED
- LANE 7: POOL CLOSED | MITSUBISHI YOWA SWIM | POOL CLOSED
- LANE 8: POOL CLOSED | MITSUBISHI YOWA SWIM | POOL CLOSED