



20M POOL ALLOCATIONS

* Pool allocations are subject to change

23 - 29 SEPT

| DAY | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
|--------|-------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|-------------|
| LANE 1 | POOL CLOSED | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | AQUAFIT | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | POOL CLOSED |
| LANE 2 | | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | | |
| LANE 1 | POOL CLOSED | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | AQUAFIT | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | POOL CLOSED |
| LANE 2 | | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | | |
| LANE 1 | POOL CLOSED | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | AQUAFIT | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | POOL CLOSED |
| LANE 2 | | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | | |
| LANE 1 | POOL CLOSED | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | AQUAFIT | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | POOL CLOSED |
| LANE 2 | | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | | |
| LANE 1 | POOL CLOSED | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | AQUAFIT | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | POOL CLOSED |
| LANE 2 | | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | | |
| LANE 1 | POOL CLOSED | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | POOL CLOSED |
| LANE 2 | | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | | |
| LANE 1 | POOL CLOSED | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | MEMBERS | POOL CLOSED |
| LANE 2 | | | | | | | | | | | | | | | | | | | |
| LANE 3 | | | | | | | | | | | | | | | | | | | |
| LANE 4 | | | | | | | | | | | | | | | | | | | |
| LANE 5 | | | | | | | | | | | | | | | | | | | |
| LANE 6 | | | | | | | | | | | | | | | | | | | |



| DATE | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
|---------------------|-------------|---|---|---|---|---|----|----|----|---|---|---|---|---|---|-------------|---|------|--|
| MON/24 JULY | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| TUES/25 JULY | | | | | | | | | | | | | | | | | | | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| WED/26 JULY | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| THUR/27 JULY | | | | | | | | | | | | | | | | | | | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| FRI/28 JULY | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| SAT/29 JULY | | | | | | | | | | | | | | | | | | | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| SUN/30 JULY | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| MON/31 JULY | | | | | | | | | | | | | | | | | | | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| TUES/1 AUG | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| WED/2 AUG | | | | | | | | | | | | | | | | | | | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| THUR/3 AUG | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| FRI/4 AUG | | | | | | | | | | | | | | | | | | | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| SAT/5 AUG | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| SUN/6 AUG | | | | | | | | | | | | | | | | | | | |
| ICE BATHS | POOL CLOSED | | | | | | | | | | | | | | | POOL CLOSED | | | |
| | 4:30 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8:30 | |